

## WAIVER AND RELEASE OF LIABILITY

*(To be signed by players 19 years of age and older)*

*By signing this form you give up important legal rights. Please read carefully!*

1. This is a binding legal agreement. As a Participant in the league, activities, or events of the Brantford Over 35 Soccer League, their Leagues and Club, the undersigned acknowledges and agrees to the following terms.

### Disclaimer

2. The Brantford Over 35 Soccer League, club, directors, officers, members, volunteers, officials, participants, sponsors, owners/operators of the facilities, and representatives (the organization) are not responsible for any injury, damage or loss of any kind suffered by a Participant during, or as a result of, any activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

### Description of Risks

3. In consideration of my participation as a Participant in the league, activities, and events, I hereby acknowledge that I am aware of the risks and hazards associated or related to soccer. The risks and hazards of soccer include, but are not limited to injuries from;
  - ☐ Executing strenuous and demanding physical techniques in soccer
  - ☐ Grass and other surfaces including bacterial infections and rashes
  - ☐ Falls to the ground due to uneven or irregular terrain or surfaces
  - ☐ Collisions with soccer equipment
  - ☐ Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment
  - ☐ Spinal cord injuries which may render me permanently paralyzed
  - ☐ Extreme weather conditions which may result in heatstroke, sunstroke, or hypothermia
  - ☐ Contact, colliding, or being struck by other participant, spectators, equipment, or vehicles
  - ☐ Vigorous physical exertion and strenuous cardiovascular workout, and
  - ☐ Exerting and stretching various muscle groups.
4. Furthermore, I am aware:
  - ☐ That injuries sustained in soccer can be severe
  - ☐ That I may come into close contact with other participants, including the possibility of accidental and unexpected contact
  - ☐ That I may experience anxiety while challenging myself during the activities
  - ☐ That my risk of injury is reduced if I follow all rules adopted during my participation, and
  - ☐ That my risk of injury increases as I become more fatigued.

### Release of Liability

5. In consideration of the League allowing me to participate as a Participant, I agree:
  - ☐ To assume all risks arising out of, associated with or related to my participation,
  - ☐ To be solely responsible for any injury, loss or damage that I might sustain while participating; and
  - ☐ To release the Organization, Over 35 Recreational Indoor Men's Soccer League, from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

By signing and dating below you agree that you are the player being registered and to be bound by this Legal Agreement even if you have not read this agreement.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Witness

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date